

4) 32nd notes kick drum with snare fill variation

11

R L R L R L R L R L R L R L R L R L R L R L LR L R L R L R L R L

12

R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L

13

R L R L R L R L R L R L R L R L R L R L R L R

5) Triplet Exercise Follow Stickings for kick drum

15

R L R L R L R L R L R L R L R L R L R L R L R L R L

17

R L R L R L R L R L R L R L R L R L R L R L R L R L

18

R L R L R L R L R L R L R L R L R L R L R L R L R L

19

R L R L R L R L R L R L R L R L R L R L R L R L R L

20

R L R L R L R L R L R L R L R L R L R L R L R L R L

21

R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L

22

R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L

23

R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L

24

R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L

25

R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L

26

R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L

27

R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L

6) Pulse Switching, Right to Left

29

L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R

